

Welcome to the first edition of The RWT Charity newsletter.

2018 marks our 21st year of enhancing patient care above and beyond NHS provision. A huge thank you to all of our supporters - new and established, we really couldn't do this without you! In these pages we will be sharing our latest news, celebrating our fundraisers and providing you with inspiration.

Thank you to everyone who has supported us over the festive period – we have had a very busy calendar of charitable events. We would like to take this opportunity to wish you a very happy and healthy New Year!

Remembrance Room launched at New Cross Hospital for dementia patients

December saw the launch of the reminiscence room at New Cross Hospital to support the rehabilitation of patients with dementia.



The room is decorated in a 1960s-style design which harks back to days gone by, and provides memory aids to help patients recall details and happy memories from their past.

It will host weekly events such as bingo, board games and hairdressing, and features nostalgic photography and 'memory boxes' with trinkets from times gone by.

Leanne Bood, Charity Fundraising Co-ordinator

said: "It is so important to get our patients away from their hospital beds and doing activities which support their rehabilitation.

"The room is an amazing initiative and on-site resource for our dementia patients which the

charity has been privileged to support.

"Huge thanks go to our many supporters who have donated and made the room possible."



Donations gratefully received by children's directorate over festive period

Thanks to everyone who was involved with bringing in gifts for our patients over the festive period. It was amazing for the children to meet real-life cartoon characters organised by Nova Training and their football heroes from Wolverhampton Wanderers!

There were many generous donations from local businesses, schools and organisations and we would like to give our heartfelt thanks to all who have supported us to help make Christmas in hospital for our patients a little brighter.

Gifts were brought to children's ward, children's outpatients, neo-natal unit and community services based at the Gem Centre.



Nikki makes a marathon effort for Cardiac Trust Fund

Nicola Clapp is one of our recent fundraisers, who ran a marathon with her partner, in memory of her father, who sadly passed away after a sevenyear battle with leukaemia.

She wanted to give something back to the New Cross nurses on Heart and Lung ward B11 who cared for him.

She said: "Dad was quite a character, once you had met him you didn't forget him and he is so deeply missed.

"He was ill with leukaemia for seven or eight years, and during that time he was cared for by the New Cross nurses on Heart and Lung ward B11.



"We wanted to give something back by fundraising for RWT Charity because the nurses were so lovely with him, they need praise for what they have done and Dad was so grateful.

"When deciding on which race to run, I had run a half marathon the year before, and we decided we wanted to do a full marathon for Dad. It gave us something to focus on through the difficult days.

"We have been so grateful for all the sponsorship we have received and everyone at the school I work at – Spring Vale Primary - sponsored a pound or 50p and we raised £280 for RWT charity."

The money that Nicola has raised will go towards the Cardiac Trust Fund.

Linzi G School of Dance donates £1k to neo-natal unit for saving the life of little Fred

Linzi G School of Dance donated £1,000 for the neo-natal unit after hearing about the excellent care Fred Nock, who was born prematurely, received on the neonatal unit.

Fred was born at 31 weeks at New Cross Hospital in Wolverhampton, weighing 3lb 14oz.

Fred's mother Kath said: "His lungs were severely under-developed and we were told he had only a 1 per cent chance of making it.

"He stayed on the neonatal unit for 7 weeks and 6 days before coming home a week before his due date.

"Fred is nearly 8 months old now and is an extremely happy boy.

"I owe all the staff so much on neonatal, none of them gave up, they all worked so hard

treating Fred and looking after me, my husband and my 2 girls. I will never forget any of them."

Kath's two daughters Alison and Sonia are pupils of Linzi G School of Dance and took part in the fundraising show.

Dance school Principal Linzi said: "For all of the care and support given to Fred and the Nock family we thought it was the least we could do to say 'thank you' by donating the proceeds of our show to the neonatal unit."

Linzi G School of dance raised £1,000 for the neonatal unit by organising three sold out



performances of 'Lights, Camera, Action' of which 130 pupils took part to showcase songs and dances to the soundtracks of their favourite films.

And finally if you're not sure where to direct your efforts for your New Year's resolutions, why not support RWT Charity? Invite your friends to sponsor you for giving up an unhealthy habit, or for keeping a good intention going throughout January.

Once again, thank you for supporting us.