



The RWT Charity Newsletter

Making a real difference to the lives of our patients, their families and staff.

Welcome to the latest edition of our newsletter

Summer 2022

Bags of goodies for staff

We're extremely grateful to Freedom Fostering who donated 48 pamper packs for staff at The Royal Wolverhampton NHS Trust as part of a new project.

Based in Wolverhampton City Centre, Freedom Fostering is one of the leading independent fostering agencies in the West Midlands.

The packs were donated to staff on the Children's Ward, Deanesly Ward and two COVID-19 wards, as a way of saying thank you for all their hard work and dedication during the pandemic.

To put the pamper packs together, the agency worked with businesses in Wolverhampton and Willenhall which generously donated toiletries, candles, chocolates and other goodies.

One of its carers, Susan Lewis along with her foster children, had donated 15 individual packs of hygiene items towards the project.

Natalie Withers, Digital Marketing Co-ordinator at Freedom Fostering, said: "We know it has been a difficult time for everyone and we wanted to bring a smile to people's faces and let staff pamper themselves after a long day."

Amie Rogers, Community and Events Fundraiser at RWT said: "A huge thank you to the young people at Freedom Fostering for such a kind donation. The pamper packs were very well received and staff were extremely thankful for the kindness you have given."



"Freedom Fostering cares about our community and always strives to deliver projects to help those in need." said Natalie Withers, Digital Marketing Co-ordinator at Freedom Fostering.

No win but still music to our ears!



They sang up a storm in the final of the Midlands Choir of the Year competition and while The RWT Singers didn't win they all had a "fantastic" time.

Members of The Royal Wolverhampton NHS Trust's choir gave it their best shot in the sell-out event at Lichfield Cathedral, giving arguably their best performance before a crowd of hundreds of people.

But the judges voted for Cor Bach – meaning 'little choir' in Welsh – from Newcastle-under-Lyme, a nine-strong male acapella group which walked away with the £1,000 winner's prize as well as the audience's vote, winning an extra £500.

Nevertheless, The RWT Singers, led by Martin Trotman, the group's Choir Director, had the time of their lives performing True Colours by Cyndi Lauper, Hold Back the River by James Bay and an acapella, gospel version of Amazing Grace.

The other choirs in the final were Good Company Singers from Shenstone, Chanteuse Chamber Choir of Stafford, Ocho from Barrow-Upon-Trent and Second City Sound (Great Barr). Only the winners were announced, so there were no other placings.

Jayne Harper, Choir Organiser said: "We had a fantastic day – an experience we will never forget and the cathedral was an amazing venue. It's a fabulous achievement to have reached the finals, with Martin's guidance and expertise. Cor Bach were worthy winners."

After such an uplifting experience, the group hopes to be involved again in the competition in 2023. "We have been invited to apply again next year, which we've agreed to do," added Jayne.

The Royal Wolverhampton NHS Trust Charity is a long-term



supporter of the choir and provided free transport to and from the final from New Cross Hospital.

"We thank the charity for its ongoing support and really appreciate everything it has done and continues to do for us," said Jayne.

Amanda Winwood, Charity Development Manager, said: "I'm

sorry to hear they didn't win, but what an amazing experience for everyone. All of our choir are winners in our eyes for getting to the finals and they should all be so proud!

"I look forward to watching and supporting your journey to next year's competition."

Practices take place on Thursdays from 5pm-6pm in the Wolverhampton Medical Institute (WMI). Anyone interested in joining the choir should contact Jayne Harper at: jayne.harper56@gmail.com

Former ICU patient thanks staff after recovery

A former patient made an emotional return to New Cross Hospital's Intensive Care Unit (ICU) to thank staff for her care and she was excited to tell them all about her friend's fantastic fundraising mission for the unit.

Angie Fleming, 51 from Cannock, began to feel unwell on December 23rd last year and was classed as COVID-19 high risk due to being diagnosed with leukaemia in 2020.

After testing positive for COVID-19 she deteriorated rapidly and was ventilated on December 27th.

"After I woke from my induced coma I remember seeing some of the staff's faces and hearing them talking. They were all so kind to me and I never heard anyone moaning or saying anything negative. They were all so upbeat and cheery. They are an amazing team – so respectful and lovely," Angie said.

Due to her outstanding care, Angie asked if she could return to New Cross to thank staff for their kindness. She met with the team outside ICU.

Kathy Harvey, Senior Sister on ICU, said: "There is nothing better than seeing patients who were severely unwell, back home with their family. It is lovely Angie took time to come and see us and meet some of the staff who cared for her. It is a real team effort."

Angie, who is business support administrator for the Countywide Day Services for people with a learning disability, is now recovering at home with her daughter Holly.



Angie's Manager Debbie Brackstone, 56 from Stafford, recently did a sponsored swim to raise money for ICU after hearing about Angie's incredible care and to thank staff for saving her friend's life.

Debbie swam across Lake Windermere both ways (21 miles), taking her 12 hours 56 minutes. She raised a fantastic £1,857 which she will be donating to the unit.

To donate go to, <https://www.justgiving.com/fundraising/angela-fleming5>



Save the date – Friday, September 30!



Join us in supporting the world's biggest Macmillan Coffee morning.

We will be fundraising for our on-site Macmillan Hub where you and your loved ones can feel listened to, helped, informed and supported. The hub can provide information that covers all aspects of the cancer journey, including pre-diagnosis, diagnosis and treatments, living with and beyond cancer, palliative and end of life care.

If you would like to help or contribute by donating individually sliced or wrapped cakes, please contact the Fundraising team at: rwh-tr.fundraisingteam@nhs.net or 01902 694473.

We're taking part in The Great West Mids Quiz!

The Great West Mids Quiz is trying to set the record for the world's biggest charity quiz on Saturday, October 8 at 1.30pm.

Join us, register your team now and invite your friends by scanning the QR code on the right.

Even bigger news, West Midlands Safari Park is offering a night in the Red Panda cottage to one lucky winner – an incredible prize that everyone's going to want to play for!

THE GREAT WEST MIDS QUIZ

📍 EVERYWHERE 📅 SAT 8TH OCTOBER | 1:30 PM 📺 LIVE ON

VIRTUAL CHARITY QUIZ

ACORNS
ZOE'S PLACE BABY HOSPICE
SANDWELL AND WEST BIRMINGHAM NHS TRUST
CLEAN SHEET
ARRIVE ALIVE
DAYBREAKS TRUST
BORDER COLLIE TRUST GB
HELPING HANDS
TAMWORTH WELLBEING AND CANCER SUPPORT CENTRE



The Royal Wolverhampton NHS Trust Charity
Registered Charity No. 1059467

MARY STEVENS HOSPICE
THE ROYAL WOLVERHAMPTON NHS TRUST
ST BASILS
BLACK COUNTRY WOMEN'S AID
BIRMINGHAM MUSEUMS TRUST
CEREBRAL PALSY MIDLANDS
NUMBER EIGHT TAMWORTH
GOODHEARTS ANIMAL SANCTUARY
AND MANY MORE

THE ROYAL WOLVERHAMPTON NHS TRUST CHARITY ARE IN

JOIN US AND HELP SET THE RECORD FOR THE BIGGEST EVER CHARITY QUIZ

WIN

A NIGHT IN THE RED PANDA COTTAGE AT







Q1 Donate
John, Paul, George and Ringo are all members of which British 1960s band?
The Kinks The Who

CREATE YOUR TEAM, AND HELP US →

WESTMIDSQUIZ.CO.UK/WOLVNH

£4 ENTRY PER PLAYER

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PLAY ON ANY DEVICE! ANDROID, IOS, PC. NO APP REQUIRED



What would you do with £25,000?

unity




 **The Royal Wolverhampton NHS Trust Charity**
Registered Charity No. 1059467

You could support us by playing the Unity Lottery, where every week you have the chance to win the £25,000 jackpot plus many other fantastic cash prizes.

For every £1 entry at least 50p comes directly to us to use, to help us make a real difference to our patients, their families, and our staff.

The draw takes place every Friday!

If you are 16 years and over, please scan this QR code to start playing in aid of The Royal Wolverhampton NHS Trust Charity:



For further information about the charity or how to support it, please contact our team on 01902 694473 or email rwh-tr.fundraisingteam@nhs.net