

The RWT Charity Newsletter

Welcome to the Winter edition

Welcome to the Winter edition of our newsletter and Happy New Year to all our amazing supporters!

2020 is an exciting year for us as we begin to host our own fundraising events for the first time.

Take a look at some of our upcoming events and please let us know if there are any activities you would like to hold in aid of our charity.

Group effort to raise money for Renal Unit

More than £1,000 has been raised for one of the Trust's satellite renal units.

RWT patient Kailas Patel, 63, is currently receiving dialysis, and wanted to raise money for Pond Lane Renal Unit in Wolverhampton.

To do so she enrolled the help of her husband, Kiran Patal, 63, and friend Tina Harvey.

The trio held the gathering at Tina's house, where her husband, Graham Harvey kept guests refreshed with hot drinks. The ladies made blankets, memory bears and knitted Christmas decorations

and sold them to family and friends.

They visited the Renal Unit at New Cross Hospital to present their cheque for an impressive donation of £1,201. Mrs Patel said: "I've spent a lot of time having treatment at Pond Lane so it was always on my bucket list to make a donation which will enhance other patients' treatment there."



If you would like to find about more about the charity please contact Leanne Bood, Fundraising Coordinator on 01902 447293 or leanne.bood@nhs.net or Rachel Robinson, Community and Events Fundraiser, on 01902 694473 or r.robinson10@nhs.net

The RWT Charity Fashion Show

We are excited to be partnering with Fashion SOS to bring you our first fashion show in aid of children's services at the Trust.

After watching our volunteers walk the runway, check out the rails of size 6 to 30 ladies' high street clothing and accessories available to purchase at up to 75 per cent off. Some of the brands on sale will include;

























And more!



The fundraising event will take place on Friday, April 3rd at:

The Pavilion Stafford Road Wolverhampton WV10 6AJ

Purchase an early bird ticket for just £5, or tickets will be available to purchase on the door for £7.

All proceeds from ticket and raffle ticket sales will be donated to us.

Get in touch with the charity team by emailing:

rwh-tr.fundraisingteam@nhs.
net to purchase a ticket.

Alternatively, you can purchase digital tickets online at www.wegottickets.com/ event/494710.

Please note that there is a 50p booking fee when purchasing tickets via We Got Tickets, however they have generously offered to donate a percentage of this back to us.



The Royal Wolverhampton NHS Trust Staff Choir (The RWT Singers)

Performing at the Annual Nurses / Midwives Service of Thanksgiving (organised by the RWT Chaplaincy team).

Date: Wednesday, May 6th

Time: 6.30pm

Venue: St. Patrick's, 299 Wolverhampton Road, Wolverhampton WV10 0QQ

Help us take on our Spinathon challenge

Fancy taking on a new challenge this year?

Well sign up to our two hour spinathon on March 23rd in aid of us! You don't need to cycle non-stop for the full two hours, just work to your own limits.

This challenge is open for novice or experienced cyclists!

The event will take place between 5pm-7pm on Monday, March 23rd at the Wolverhampton Swimming and Fitness Centre, Planetary Road, Wednesfield, Wolverhampton WV13 3SW.

To secure your place and pay your £5 registration fee, please contact our fundraising team on 01902 694473 or rwh-tr.fundraisingteam@nhs.net.



We are also welcoming participants to raise additional funds by asking for sponsorship or setting up a sponsorship page e.g. Just Giving. Although this isn't a requirement to take part, it will really help us further in making a real difference to our patients, their families

and staff - above and beyond that which is provided by the NHS.

The Wolverhampton Swimming and Fitness Centre have kindly donated a three month gym membership pass. There will be more details to follow soon regarding how this can be won.

Put your best foot forward

Have you thought about taking on a running challenge this year whilst raising funds to help our patients?

Find a location and distance that best suits you and put your best foot forward for us.

We have found these local running events as just as a few suggestions to help you along the way:

- Tough Guy 8 country mile course, taking place on March 29th
- The Chasewater Easter Egg 10k and 5k, taking place on April 12th

- Great Birmingham 10K, taking place on May 31st
- Birmingham Black Country Half Marathon, taking place on July 4th
- Great Birmingham Run, taking place on October 11th

Visit our fundraising calendar webpage for more information on the entry fee and for links to sign up to the races above:

www.royalwolverhampton.nhs.uk/about-us/ our-charity/fundraising-events-calendar/

We're on Instagram

Did you know we have an Instagram account now?

We would love for you to follow us and keep up to date with our new stories.

We will also be sharing photos, saying thank you to our supporters and be giving exclusive updates on our upcoming fundraising calendar.

Download the app for your phone or visit:

www.instagram.com/ on your computer and follow @therwtcharity.

You can also find us on Twitter and Facebook by searching The RWT Charity.







Introducing amazonsmile You shop. Amazon gives.

Do you want to help The Royal Wolverhampton NHS Trust Charity to make a difference to the lives of our patients whilst doing your shopping?

If so, we have partnered up with Amazon Smile. For every purchase you make, Amazon will donate a percentage of the sale to our Charity.

Simply go to smile.amazon.co.uk and type our charity number **1059467** into the search box. You will be asked to confirm that you wish to support The Royal Wolverhampton NHS Trust Charity and then you can start your shopping.

Don't forget there are also Amazon lockers based at New Cross Hospital for you to have your shopping delivered to.

Sweepstakes coming soon

We have a variety of sweepstakes coming up in 2020 for you to get involved in with your family, friends or colleagues.

So far we have plans to create sweepstake packs for the Grand National and UEFA Euro 2020. The packs will be ready closer to these events, however, you can still register your interest with us now so we can send your pack over to you as soon as they are ready.

We are also welcoming suggestions for any other sweepstakes that you would like to see us create packs for.

