



# The RWT Charity Newsletter

## Welcome to the Autumn/Winter edition

The aim of our charity is to make things a little easier for patients and their families. With the help of our tireless supporters we are able to provide additional resources not usually provided by the NHS.

Here is a quick round up of some of the things our wonderful supporters have been up to!

## Walking for Maternity

A former RWT patient has completed a sponsored walk in aid of our maternity department.

Rebecca Higgs, 31, organised the walk following her positive experience from the debrief service at New Cross Hospital.

In August 2018 Rebecca attended the hospital to be induced to give birth to son George, now 14 months. However, shortly after being induced Rebecca had to be rushed for an emergency C-section, meaning that her partner was unable to be present for the birth.

Rebecca said: "I was getting ready to be a mum again, with my partner by my side. He missed the birth of his first son and I wanted to give him that experience this time.

"When I came round from the C-section all I could do was repeatedly say sorry to my partner.

"I carried around a lot of guilt; blaming myself for being induced and I had convinced myself that it was my fault my partner missed out on the birth."

Rebecca found out about the debrief service, and though sceptical, went ahead to book the meeting. The debrief service allows patients to hear why certain steps were taken during their treatment, and ask any questions they have not yet had answered.

Rebecca added: "The next morning I almost felt at peace with it all. I knew I had to ring and say thank you and explain I wanted to do my bit and promote the service that I wished I'd have known about sooner.

"I want other mums to know about it so they don't have to go through the year I have just had."

The group started at Walsall Manor Hospital where they then followed a planned route to take them to New Cross Hospital's maternity reception. They raised £400.

Emma McCartney, Professional Midwifery Advocate at New Cross, was ready to meet them at the finish line to thank them and provide refreshments.



For further information about the charity or how to support our work,  
please call 01902 447293 or email [rwh-tr.fundraisingteam@nhs.net](mailto:rwh-tr.fundraisingteam@nhs.net)

# “Wear it” days

A huge thank you to all members of staff that took part in our recent “wear it.....” days.

In September you wore your jeans and pledged your support for us and Jeans for Genes; a campaign run by Genetic Disorders UK. The charity supports individuals and families affected by a genetic disorder.

In October we encouraged staff to put on their favourite pink pieces of clothing to support Wear it Pink and our breast care charitable trust fund. A special thank you to the health records team who organised a raffle of amazing prizes.



## Charity and Volunteer Awards 2019

We are looking forward to hosting our awards event later this month. It is an opportunity to give thanks to our wonderful volunteers and charity supporters who go above and beyond and help us to make a difference to the lives of our

patients. This year the charity will be presenting three awards - Fundraising Champion Award, Young Fundraiser and Corporate Charity Ambassador of the Year. We will bring you the names of the winners and photographs of the event in our next edition.

The **RWT**  
**Charity**  
**Volunteer Awards**

&



A celebration of our Charity and our volunteer's achievements



# World Prematurity Day

Thank you to everyone that supported World Prematurity Day on November 17th.

Supporters wore purple and paid a donation in aid of the Neonatal Unit (NNU) at New Cross Hospital to show their support.

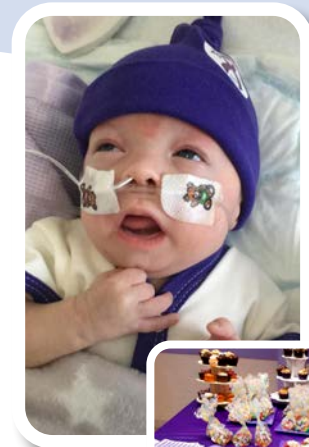
Babies on the unit wore special purple items of clothing, generously donated by our dedicated supporters Babyprem, a local premature clothing company, who have supported the unit year on year for the last five years.



Our friends at Noah's Star ran some fun and interactive activity sessions for siblings of babies on the unit, with some of our past patients and their families also joining us on the day.

The day was then finished off by the lighting up of the Trust's Emergency department – in the colour purple of course!

Nikki Farrington, Specialist Bereavement Midwife at NNU said "World Prematurity Day is a global movement to raise awareness of premature birth and the some-times devastating impact it can have on families. Thank you to everyone that supported us, the day was amazing and has raised awareness of the challenges of neonatal care, both for our families and for our team."



## Thank you for your support

Thank you to everyone that has supported our appeal to help vulnerable families and their new babies. Our partnership with Roy Quinton Funeral Directors has been a huge success so far, with many generous donations of nappies, brand new baby clothing, toiletries and essentials for new mothers being received.

We are also gathering Christmas gifts for the elderly in New Cross Hospital's Stroke Unit, Dementia and Care of the Elderly wards.

The two drop off points at Roy Quinton are as follows:

Roy Quinton Funeral Directors  
17 School Road,  
Tettenhall Wood,  
Wolverhampton  
WV6 8EN.

Roy Quinton Funeral Directors  
83 Westcroft Avenue,  
Underhill,  
Wolverhampton  
WV10 8LN

Due to popular demand, we have also added a third drop off point at Cannock Chase Hospital. Items can be taken to the main reception, level 1 between the hours of 8am – 7pm.

To make a donation to these appeals and find out more about how you can support The Royal Wolverhampton NHS Trust Charity please get in touch.



# Seasons Greetings



We will be hosting our first Winter Fairs this December across the Trust with lots of festive entertainment and stalls selling gifts and crafts.

The events will be held on **Friday, December 6** between **1pm – 6pm** (times may vary depending on the location, please contact the fundraising team for more information).

Patients, their families and staff are warmly invited to attend one of our events taking place at the following:

- Cannock Hospital (patient garden, level 2)
- New Cross Hospital (outdoor space of ED entrance)
- West Park Hospital (corridor of ward 2)

We will be holding a festive outfit day on **Friday, December 20** and are encouraging staff and supporters in the local community to dress as Santa, a reindeer (or even the Grinch?!) and make a donation to the RWT Charity.

Throughout December, we are also asking supporters to raise funds by making a **donation to the Charity in lieu of sending Christmas cards.**

Members of staff and supporters in the community can register for a special poster to write your festive messages to colleagues.

All funds raised will help us to fund additional resources, equipment and projects that will make a difference to the lives of our patients in 2020 and beyond.

## Events in the Heart & Lung Centre, New Cross Hospital will be:

- **Monday, December 9th** – raffle/tombola/ cake sale with RWT singers and Father Christmas
- **Thursday, December 12th** – raffle/tombola/ cake sale with the Cancer Survivors Choir and a local primary school choir and Father Christmas
- **Friday, December 13th** – Staff carol singing around the tree at 12.30pm with Jean Martyn (Previous Britain's Got Talent Finalist), an opportunity for any staff to come and join us and sing along.



## RWT Singers Christmas Concert

Date: **Sunday, December 8th**  
Time: **7pm**  
Venue: **The Pavilion,  
Stafford Road,  
Wolverhampton  
WV10 6AJ.**  
Price: **Adults £4 Children £1.**

## Coming soon

- **Sponsored Spinathon** – Spring 2020, dates to be confirmed.
- **Fashion show** - April 3rd 2020, The Pavillion, Stafford Road Wolverhampton.

Please look out on social media for more information on all our up-coming events.

Search the RWT Charity on Facebook, Twitter and Instagram.

