

## How can you help?

- Give us as much information as possible during assessment
- Carry out any specific activities and use strategies provided
- Keep the Therapist informed of any changes that happen/concerns you may have

**Therapist.....**

**Speech and Language Therapy Services  
The Gem Centre  
Neachells Lane  
Wednesfield  
Wolverhampton  
WV11 3PG**

**Tel: (01902) 444363 (answerphone available  
outside office hours)  
Fax: (01902) 444442**

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<http://www.royalwolverhampton.nhs.uk/Speech-and-language>

## **SPEECH AND LANGUAGE THERAPY SERVICE**

### **EATING AND DRINKING DIFFICULTIES IN CHILDREN**

### **INFORMATION FOR PARENTS, CARERS AND PROFESSIONALS**

## Why your child has been referred to Speech and Language Therapy

Your child has been referred by a doctor to the Speech and Language Therapy Service. This is because they may be having difficulties in one or more of the following areas:

- Drinking
- Biting
- Chewing
- Swallowing
- Coping/tolerating different textures of food
- Feeding and is tube fed
- Over/under sensitive to touch in and around the mouth

## How do we help?

- The Speech and Language Therapist will initially take a case history and discuss your child's current difficulties with you
- Your child will be assessed whilst they are eating and drinking
- The therapist will liaise with other professionals involved with your child e.g.,
  - Physiotherapist
  - Dietician
  - Occupational Therapist
  - Paediatrician

to ensure that the most appropriate advice is given

- You will be provided with advice which may be in the form of general strategies or may involve more specific activities for you to carry out

Wherever possible your child will be seen in a familiar environment to them e.g.

- Home
- School
- Nursery