

Two years old

My speech and language milestones & some tips to encourage talking



Speech and Language Milestones

Understanding

During my second year I will begin to:

- Understand lots of words before I can say them
- Follow simple two step commands e.g. “give the cup to daddy”, “show me teddy’s nose”.
- Understand action words, e.g. “eating”, “sleeping”.
- Understand information about the “here and now”.
- Understand “what” and “where” questions.

Talking

During my second year I will begin to:

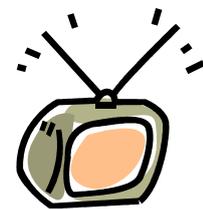
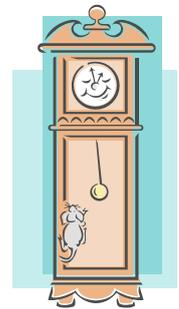
- Use at least 50 words such as names of people, objects and actions
- Start to join two words together e.g. “more juice”, “daddy work”, “ball there”.
- Use phrases to gain attention or request something
- Use a wide range of speech sounds like “p, b, m, n, w”. By two I am beginning to say the “t, d, k, g and h” sounds.
- I am still practising talking so you might not always understand me.

Top Talking Tips



It helps me if you:

- Stop! Watch what I am doing! Respond by: naming what I am doing e.g. “teddy”
- Use simple words that are important to me
- Add another word to mine, this will show me how to say a slightly longer phrase e.g. child: “car”, adult: “daddy’s car”, child: “all gone”, adult: “apple all gone”.
- Repeat any unclear words back to me.
- Give me lots of time to say what I want to say.
- Give me lots of praise for attempting to say words.
- Sing nursery rhymes with and leave gaps for me to fill in e.g. “twinkle, twinkle little”.
- Throw my dummies away – I don’t really need them now. You could swap them all for a new toy or give them to Santa – I’ll soon forget about them!
- Turn off the TV when we are talking, playing or eating tea – I can’t listen or concentrate with all that background noise!
- Point out any sounds you can hear outside, this will help to develop my listening skills e.g. aeroplane, fire engine, birds, rustling leaves. (If I develop good listening skills it will help my speech and language development and help me to learn).



If you have any questions please contact the Speech and Language Therapy Department on 01902 444363