

# How much milk?

Most packets of formula suggest you make up feeds of 90 - 100ml for your newborn. Yet your newborn's tummy is very small. Understanding this may make new mums more confident that they are giving their baby enough breastmilk.

## Baby's tummy size\*

At birth	5 - 7mls
3 - 5 days	22 - 27mls
10 - 12 days	60 - 85mls

## Actual size\*

Baby's  
tummy  
at birth

Baby's  
tummy  
at 3 - 5 days

Baby's  
tummy  
at 10 - 12 days

