

# Evaluation

**Candidate's Name:** *Lydia Gilbert*

**Scenario:**

A patient, Meera Abolone was admitted to the surgical assessment unit for close observation. She was transferred from the emergency room where she had presented with abdominal pain and was treated using analgesia and anti-emetics. After close observation in the SAU she is ready to transfer to the general surgical ward prior to her emergency surgery which is booked for 18:30 today.

Complete a transfer of Care letter to ensure that the receiving nurses have a full and **accurate** picture of the patient's history and needs.

Complete **all** sections of the document.

Assume it is **today** and it is **17:30**

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## Transfer of Care Letter

<b>Patient Details:</b> Miss Meera Abolone Address: 1 Sweet Street, Northampton, NN27AL Hospital Number: 0048231 Date of birth: 1/01/1994
<b>Clearly describe reason for initial admission and subsequent diagnosis</b> Meera was transferred from the emergency department to the surgical assessment unit for close observation. She presented with abdominal pain and was treated using analgesia and anti-emetics. After close observation in the SAU, she is ready to transfer to the general surgical ward prior to her emergency surgery which is booked for 18:30 today.
<b>Date of admission:</b> 11/08/2020
<b>Identify the main nursing needs addressed during the patients stay in MAU</b>
Meera was experiencing pain as evidenced by a pain score of 7 out of 10.
Meera was experiencing nausea and vomiting.
<b>Outline the nursing care provided to meet the identified needs</b>
Meera's physiological observations recorded one hourly and concerns escalated to medical team. Meera's severity of pain was assessed using a scale of 0-10, where 0 is no pain and 10 is the worst pain when Meera complained of pain, noting site of pain, quality, aggravating and alleviating factors. Meera was educated on deep breathing exercises and repositioning to help relieve pain and nausea experienced. Prescribed analgesia and anti-emetics administered; effectiveness and side effects monitored after 30 minutes.
Discussed with Meera the importance of maintaining good hydration and nutritional intake during hospitalisation to reduce risk of dehydration and weakness. Meera offered emesis bowl and toothbrush/mouth care when required and following episodes of vomiting. Referred Meera to the pain management team.

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<b>Outline the patient's current ability to self-care based on the person's care plan.</b>	
Meera is able to consent and actively participated in her care plan.	
Meera is able to use the pain scale of 0-10 to rate the severity of the pain she was experiencing.	
Meera could discuss with the nursing team the site of the pain, as well as quality, aggravating and alleviating factors. Meera is able to demonstrate deep breathing and repositioning techniques to relieve the pain and nausea she experienced. Meera is able to maintain her own oral hygiene after vomiting. Meera is aware of the side effects of her analgesia and anti-emetics and can raise any concerns to the nursing staff regarding this. Meera is able to use of the call bell and used it when she required assistance.	
<b>Document the patients allergies and associated reactions</b>	
Meera has no known drug or food allergies.	
<b>List areas identified for health education</b>	
Meera was educated on deep breathing and repositioning to help alleviate pain and nausea.	
Meera was educated on the importance of adequate hydration during hospitalisation.	
Meera was educated on the pain scale tool to adequately score her pain.	
Meera will need to be educated on early mobilisation post-surgery to avoid complications such as Deep Vein Thrombosis or Pulmonary Embolism.	
Meera will need to be educated on wound care following her surgery.	
Meera will need to be educated on good nutritional intake for optimal wound healing post-surgery.	
Meera will need to be educated on medication compliance following surgery for antibiotic and analgesia.	
<b>Date and time of transfer:</b> 11/08/2020 17:30	
<b>NAME (Print):</b> Lydia Gilbert	
<b>Nurse Signature:</b>	<b>Date:</b> 11/08/2020