

Care Plan

Patient Details: Bruce Wayne Address: 12 Gotham Park Road Wolverhampton WV100QP DOB: 26/06/1957	
1) Nursing problem / need Bruce Wayne has shortness of breath due to exacerbation of COPD	
Aim(s) of care: For Bruce's respiratory rate and breathing pattern to return to normal range and pattern as per his condition	
Re-evaluation date: Today, xx/xx/xxxx, every 4 hours and as clinical condition changes	
Care provided by nurse(s)	Patient self-care activities
Explain and discuss all aspects of care and gain Bruce's consent.	Bruce understands care to be provided and actively participates in his care planning
Monitor Bruce's observations every hour and escalate any deterioration to medical team.	Bruce understands bronchodilators to be administered and side effects associated. He can raise any concerns with the nursing team.
Monitor Bruce's respiratory rate, depth, use of accessory muscles, signs of cyanosis every hour and escalate any concerns to the medical team.	Bruce understands how to use the pain scoring tool to score his pain when applicable
Administer prescribed bronchodilators, monitor for side effects and review effectiveness in 30 minutes.	Bruce understands the importance of keeping his oxygen mask in place and can call the nursing staff if it becomes uncomfortable or intolerable.
Administer any prescribed oxygen, monitor for side effects and review effectiveness within 15 mins	Bruce can demonstrate repositioning techniques to help alleviate his shortness of breath.
Assess any pain associated with the shortness of breath using a pain scale, where 0 is no pain and 10 is the worst pain, when Bruce complains of pain.	Bruce can demonstrate correct inhaler technique when self-administering his bronchodilators.
Educate Bruce on repositioning that may help alleviate shortness of breath (i.e. sat upright, A frame).	Bruce understands the use of the call bell and can use it when he requires assistance.
Educate and assess Bruce on correct inhaler technique and observe during administration of prescribed inhaled medication	
Educate Bruce on the use of the call bell and ensure it is placed within reach at all times.	
Record all care and interventions provided to Bruce.	
NAME (Print): Arlene Cuaycong	
Nurse Signature: 	Date: 28/08/2020