






GCS Crib Sheet

<p style="text-align: center;">Eyes</p> 	<p style="text-align: center;">Verbal</p> 	<p style="text-align: center;">Motor</p> 
<p style="text-align: center;"><u>How to test</u></p> <ul style="list-style-type: none"> • Dim the lights if possible • Position yourself in front of the patient at eye level • Assess each of the patient's pupils for size and shape • Using a pen torch sweep the light across the eye, from outer corner to inner corner (turning the light on whilst pen positioned at outer corner) • Record reaction and size of pupil on GCS chart 	<p style="text-align: center;"><u>How to test</u></p> <ul style="list-style-type: none"> • Talk to your patient • Ask questions – Time, day, month, year, person, place, season • Assess their response – does it make sense? • Is their speech pattern random or exclamatory? • Are there no words? Just noises? Grunting? Moaning? • Do they have no verbal response? • Record best response on GCS chart 	<p style="text-align: center;"><u>How to test response and power</u></p> <ul style="list-style-type: none"> • Ask your patient to put both arms straight out in front of them • Gently place your hands on the forearms and apply pressure in a downwards motion whilst asking patient to push upwards against you • Place your hand on the shin of the patient's left lower leg, ask them to raise the leg as you apply a firm gentle downwards pressure to the limb. Repeat with other limb • Document power, weakness and discrepancies under limb movement
<p style="text-align: center;"><u>Scoring</u></p> <p>+4 Spontaneous +3 To Voice +2 To Pain +1 None</p>	<p style="text-align: center;"><u>Scoring</u></p> <p>+5 Orientated +4 Confused +3 Inappropriate +2 Incomprehensible +1 None</p>	<p style="text-align: center;"><u>Scoring</u></p> <p>+6 Obeys commands +5 Localising response to pain +4 Withdrawal to pain +3 Abnormal Flexion +2 Extension +1 None</p>