


Care Plan

Patient Details: Jessica Jones Address: 123 Holly Bush Road Wolverhampton, WV156HP DOB: 01/08/1972	
1) Nursing problem / need <i>Jessica is experiencing a productive cough, due to chest infection.</i>	
Aim(s) of care: <i>To reduce frequency of cough and also manage chest secretions</i>	
Re-evaluation date: <i>Today, xx/xx/xxxx, every 6 hours and/or as clinical condition changes</i>	
Care provided by nurse(s)	Patient self-care activities
<i>Explain and discuss all aspects of care to Jessica and gain consent.</i>	<i>Jessica understands the care to be provided and actively participates in her care planning</i>
<i>Monitor Jessica's physiological observations every 6 hours and escalate as per NEWS 2 policy.</i>	<i>Jessica covers her mouth when coughing, discards the phlegm in a tissue in the rubbish bin, and frequently washes her hands.</i>
<i>Assess the type of cough, frequency, and impact to Jessica.</i>	<i>Jessica provides a sputum sample to be sent to the laboratory.</i>
<i>Assess expectorated phlegm noting its consistency, colour, odour, and volume and send a sample to the laboratory for culture and sensitivity.</i>	<i>Jessica understands the side effects of her medication and can raise any concerns to the nursing staff</i>
<i>Educate Jessica to cover her mouth when coughing, discarding phlegm in a tissue and the rubbish bin, and frequent handwashing.</i>	<i>Jessica understands and consents to the referral to respiratory team.</i>
<i>Administer antitussives and expectorants and monitor for effectiveness within one hour.</i>	<i>Jessica understands the use of the call bell and can use it if she requires assistance.</i>
<i>Refer Jessica to the respiratory team for further assessment and management.</i>	
<i>Educate Jessica on the use of the call bell and ensure it is always placed within his reach.</i>	
<i>Document all care and interventions provided.</i>	
NAME (Print): Lydia Gilbert	
Nurse Signature: 	Date: 28/08/2020