

## Accessing Mental Health Awareness Level 1 Training

e-Learning for Healthcare (e-LfH) is a [Health Education England](https://www.hee.nhs.uk/health-education-england) (HEE) programme working in partnership with the [NHS](https://www.nhs.uk) and professional bodies to support patient care by providing e-learning to educate and train the health and social care workforce.

e-LfH website: <https://portal.e-lfh.org.uk/Login>

If you have already registered, please log in using your Username and Password.

Please search for **Mental Health Awareness for Healthcare professionals**

Click on the course title ensuring that you select the **Mental Health Awareness Programme (MHP)** option as highlighted below.

The screenshot shows the eLH search results page. The search results are categorized into Applications (0 records), Programmes (1 records), and Courses (8 records). The 'Mental Health Awareness for Healthcare professionals' course is highlighted with a red box. The breadcrumb for this course is 'Mental Health Awareness Programme (MHP) > Mental Health Awareness for Healthcare professionals'.

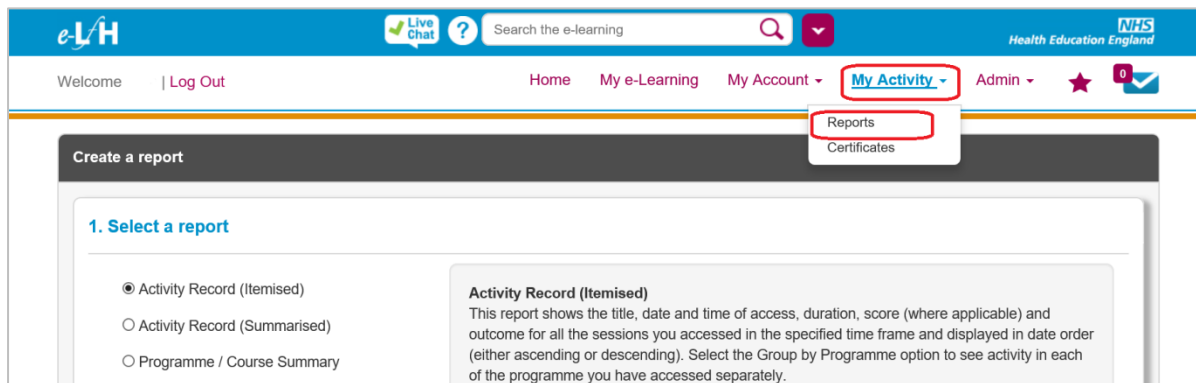
Click on the **Play** button to start the training. You are required to complete the **Mental Health Awareness** module only.

The screenshot shows the course page for 'Mental Health Awareness for Healthcare professionals'. The 'Mental Health Awareness' module is highlighted with a red box. The module title is 'Mental Health Awareness' and it shows 'Last accessed: 03 Sep 2020'. There is a 'Play' button next to the module title. Below the highlighted module, there are five other modules listed, each with a 'Play' button: '01\_02 Physical Health Care for People With Severe Mental Illness', '01\_03 Medically Unexplained Symptoms', 'Psychological Therapies for Common Mental Health Problems', '01\_05 Self-harm', and '01\_06 Personality Disorders'.

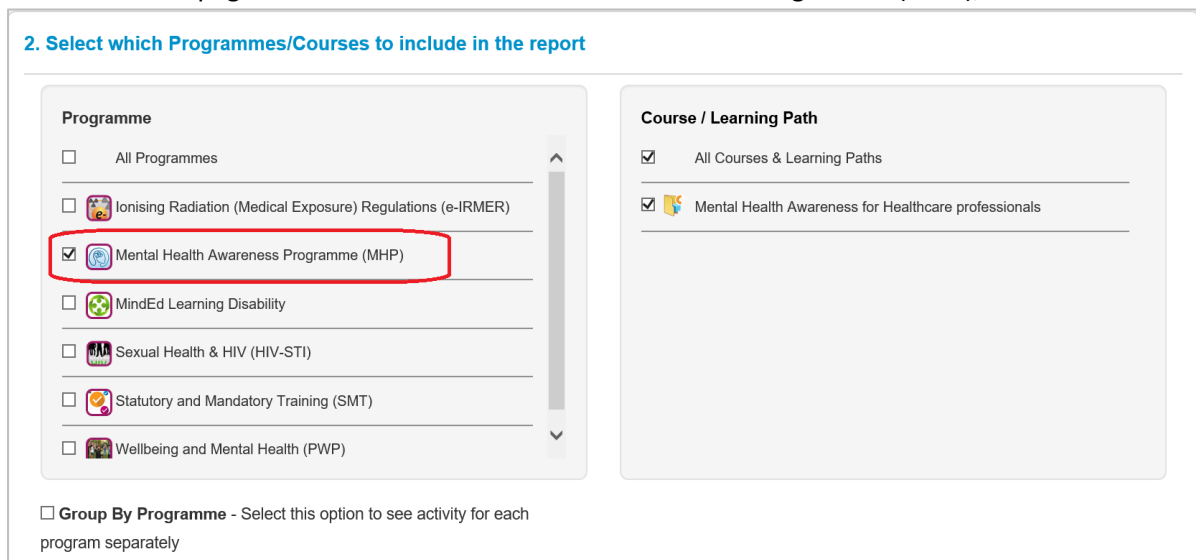
The RWT Training Team will be able to record your module completion against your ESR training record if you have entered 'RL403' in 'Place of Work' when you created your eLH account.

To access your module completion:

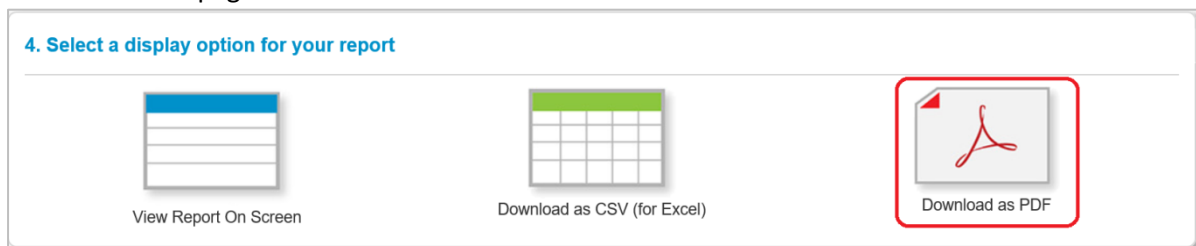
If your **'Place of work'** is not showing as **'RL403'**, once you have completed the module you can access My Activity, selecting Reports (as below)



Scroll down the page and select the Mental Health Awareness Programme (MHP), as below



Scroll down the page to select download as PDF



This document can be used as evidence of completion of the required module as necessary, please send to [rw-h-tr.trainingdatabase@nhs.net](mailto:rw-h-tr.trainingdatabase@nhs.net) only if your place of work is not showing as RL403.