

## CHANGES IN DESCRIPTIONS OF FOOD AND DRINK FOR PATIENTS WITH DIFFICULTY SWALLOWING from 31/03/19

<i>CURRENT DESCRIPTION</i>	<i>NEW, "IDDSI" DESCRIPTION</i>
NORMAL FLUIDS	<b>LEVEL 0 / THIN</b>
	<b>LEVEL 1 THICKENED DRINK</b> ADD 200mls FLUID TO 1 SCOOP OF RESOURCE THICKEN UP CLEAR
STAGE 1 THICKENED DRINK ADD 200mls FLUID TO 2 SCOOPS OF RESOURCE THICKEN UP CLEAR	<b>LEVEL 2 THICKENED DRINK</b> ADD 200mls FLUID TO 2 SCOOPS OF RESOURCE THICKEN UP CLEAR
STAGE 2 THICKENED DRINK ADD 200mls FLUID TO 4 SCOOPS OF RESOURCE THICKEN UP CLEAR	<b>LEVEL 3 THICKENED DRINK</b> ADD 200mls FLUID TO 4 SCOOPS OF RESOURCE THICKEN UP CLEAR
THICK PUREED DIET – CATEGORY C	<b>LEVEL 4 - PUREED DIET</b>
PRE- MASHED / MASHED FURTHER – CATEGORY D	<b>LEVEL 5 - MINCED AND MOIST</b>
SOFT, FORK MASHABLE DIET – CATEGORY E	<b>LEVEL 6 - SOFT AND BITE SIZED</b>



## IDDSI Framework



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<https://www.royalwolverhampton.nhs.uk/patients-and-visitors/staying-in-hospital/iddsi-international-dysphagia-diet-standardisation-initiative/>